

# Welcome to e-safety and using the internet

Dr Claire Barr

Deputy Headteacher and  
Safeguarding Lead

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# Presentation covering 6 main themes

- 1) Have free and frank discussions
- 2) Manage their devices and put yourself in control
- 3) Stay safe on the move
- 4) Start discussions about social networking early and create an agreement
- 5) Keep private information private
- 6) Check age ratings

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# 1) Have free and frank discussions

Encourage your child to talk to you about how they use the internet and show you what they do.

Discuss with them the kinds of things they might come across.

A good time to talk is when they get a new device or mention a new website.

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## 2) Manage their devices and put yourself in control

- Encourage them to use their tech devices in a communal area such as the living room or kitchen and set up a user account for your child.
- If you think they aren't old enough to have a mobile phone or tablet, stay firm and explain the reasons why.
- Activate parental controls on your home broadband, all devices including mobile phones and games consoles.
- Safe search settings can also be activated on Google (and other search engines), YouTube and on entertainment sites like iTunes and iPlayer.

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### 3) Stay safe on the move

- Be aware that if your child is accessing the internet using public WiFi they may not have safety features active.
- Some providers are part of family friendly WiFi schemes with filters to block inappropriate content.
- Look out for friendly WiFi symbols like Mumsnet Family Friendly WiFi and RDI Friendly WiFi symbols when you're out and about.

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## 4) Start discussions about social networking early and have an agreement

- Agree and set boundaries with them, including when and where they can use portable devices and for how long, before they get used to doing their own thing.
- Talk to them about the benefits and risks of social networking before they join any sites.
- Let them know that anything they upload, email or message could stay around forever online.

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## 5) Keep private information private

If your child does have a social networking profile, teach them to block or ignore people and how to set strict privacy settings.

Request that you or someone you both trust becomes their 'friend' or 'follower' to check that conversations and posts are appropriate.

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## 6) Check age ratings

The age ratings that come with games, apps, films and social networks are a good guide to whether they're suitable for your child.

For example, the age limit is 13 for several social networking sites including Facebook and Instagram.

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# Three things to teach your child



Be a confident communicator



Be a critical thinker



Be a capable tools user

# Useful websites

NSPCC

Internetmatters.org – updated regularly

Lucy Faithful Foundation – good for dealing with a situation that has happened

PACE - Parents against sexual exploitation

UK Safe Internet Centre - does what it says on the tin.

Breck Foundation.org - charity set up by Mother of 14 year old Breck Bednar who was groomed and murdered in 2014 by a man met online.

CEOP (think u know section)

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